Before you carve a face on your pumpkin or scoop out its insides to make a yummy fall treat, take a closer look at your pumpkin and create a scrapbook page for it!

**Pumpkin Portrait**
Draw a picture of your pumpkin below.

**How many seeds are in your pumpkin?**
Scoop them out and count them to find out!
Record your answer here: _____________

**What’s inside your pumpkin?**
Open it up and draw a picture of what you see below.

**How big around is your pumpkin?**
Try putting your arms all the way around the pumpkin. Are your arms long enough to go all the way around?
Take a guess. How many inches around is your pumpkin?

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Use a tape measure to find out how many inches around your pumpkin actually is.
Record your measurement here: _______________

**How much do you think your pumpkin weighs?**
Pick up your pumpkin and record your guess here:

____________

Weigh your pumpkin on a scale and record your pumpkin’s actual weight here: _______________

How close was your guess compared to the pumpkin’s actual weight?

**How many seeds are in your pumpkin?**
Scoop them out and count them to find out!
Record your answer here: _____________
MORE
PUMPKIN FUN!

Toast Up Some Fun!
Don’t toss those seeds in the compost. Try eating them instead! Try the toasted pumpkin seed recipe below.

Toasted Pumpkin Seeds:
• Rinse off your pumpkin seeds to get rid of the pulp stuck to the seeds.
• Spread them out on a paper towel and pat dry. In a mixing bowl, toss the pumpkin seeds with a little oil and a pinch of salt.
• Spread the seeds out on a baking sheet. Bake at 350°F until crispy.

Read a Pumpkin Book
Check out some pumpkin books at your local library and share your favorite pumpkin facts with a friend. Look for these favorites:

“How Many Seeds in a Pumpkin?”
Written by Margaret McNamara
Illustrated by G. Brian Karas

“Pumpkin Circle: A Garden Story”
Available at the Helen Fowler Library
Written by George Levenson
Photographs by Schmuel Thaler

Plant a Pumpkin
Try saving a handful of your pumpkin seeds this fall and plant them in the spring to grow your own pumpkins to enjoy next year!

Directions for Saving Seeds:
• Rinse pulp and other pumpkin residue off of seeds. Pat them dry.
• Place seeds on a paper towel and let them air dry for one week.
• Store your dried seeds in a wax envelop or plastic bag until next spring.
• Plant seeds in late May or early June.
• Water your plant daily and watch your pumpkins grow!