

PUMPKIN

B I O G R A P H Y

Before you carve a face on your pumpkin or scoop out its insides to make a yummy fall treat, take a closer look at your pumpkin and create a scrapbook page for it!

Pumpkin Portrait

Draw a picture of your pumpkin below.

How much do you think your pumpkin weighs?

Pick up your pumpkin and record your guess here:

Weigh your pumpkin on a scale and record your pumpkin's actual weight here: _____

How close was your guess compared to the pumpkin's actual weight?

What's inside your pumpkin?

Open it up and draw a picture of what you see below.

How big around is your pumpkin?

Try putting your arms all the way around the pumpkin.
Are your arms long enough to go all the way around?

Take a guess. How many inches around is your pumpkin?

Use a tape measure to find out how many inches around your pumpkin actually is.

Record your measurement here: _____

How many seeds are in your pumpkin? Scoop them out and count them to find out!

Record your answer here: _____

MORE PUMPKIN FUN!

Toast Up Some Fun!

Don't toss those seeds in the compost. Try eating them instead!
Try the toasted pumpkin seed recipe below.

Toasted Pumpkin Seeds:

- Rinse off your pumpkin seeds to get rid of the pulp stuck to the seeds.
- Spread them out on a paper towel and pat dry. In a mixing bowl, toss the pumpkin seeds with a little oil and a pinch of salt.
- Spread the seeds out on a baking sheet. Bake at 350°F until crispy.

Plant a Pumpkin

Try saving a handful of your pumpkin seeds this fall and plant them in the spring to grow your own pumpkins to enjoy next year!

Directions for Saving Seeds:

- Rinse pulp and other pumpkin residue off of seeds. Pat them dry.
- Place seeds on a paper towel and let them air dry for one week.
- Store your dried seeds in a wax envelop or plastic bag until next spring.
- Plant seeds in late May or early June.
- Water your plant daily and watch your pumpkins grow!

Read a Pumpkin Book

Check out some pumpkin books at your local library and share your favorite pumpkin facts with a friend.
Look for these favorites:

"Pumpkin Circle: A Garden Story"

(Available at the Helen Fowler Library)

Written by George Levenson
Photographs by Schmuel Thaler

"How Many Seeds in a Pumpkin?"

Written by Margaret McNamara
Illustrated by G. Brian Karas

